



Jefferson Elementary School
Mrs. Ashley Cicchino, MEd
School Counselor, Anti-Bullying Specialist
#973-584-8955 x-3504
acicchino@roxbury.org www.mrs.cicchino.com

Dear Parent(s) or Guardian(s):

Your child has been referred to the School Counselor for individual/group counseling. Counseling is available for students who can benefit from extra assistance both inside and outside of the classroom. The purpose of school-based counseling is to help children to be the best student they can be. Some common reasons to see the School Counselor might be to work on social skills, anxiety, anger, self-esteem, focus/organization, self-control, etc. Some students are selected for groups as a role model for their peers; if you are not sure why your student has been referred, **please contact your child's teacher first**. School counseling is designed to be developmental and preventative in nature and is typically conducted on a short-term basis. If long-term counseling is necessary, an outside referral will be suggested. Progress from individual school counseling will be shared with the child's teacher and parents as needed.

Please sign and return the bottom portion of this form. If you have any questions or have something you would like to discuss, please contact Mrs. Cicchino via email or by phone (see above).

Sincerely,

Ashley Cicchino, M.Ed
School Counselor, Anti-Bullying Specialist

Yes, I give permission for my child to participate in on-going individual or group counseling sessions with the school counselor.

No, I do not give permission for my child to participate in on-going counseling sessions with the school counselor.

Student's Name: _____

Parent's Name: _____

Parent's Signature: _____ Date: _____